

BRIDGES

GARDENING:

The lowly onion can be extremely ornamental **P. 6**

ON THE SCENE:

PotashCorp Mayor's Cultural Gala takes over TCU Place **P. 10**

FOOD:

Grilled cheese croutons a topper for tomato soup **P. 16**

WEDNESDAY, SEPTEMBER 23, 2015

A STARPHOENIX COMMUNITY NEWSPAPER

SUBTRACTING THE DIVIDE

FROM ANCHOR TO ACTRESS,
CAROL DANFIS FIGHTS
TO RECLAIM HER HERITAGE
P. 4



READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

MICHAEL BRADFORD

Button Hill a young reader's tale

When I was a boy, kicking vegetables from the basement of my grandmother's farmhouse filled me with dread.

Time and again, my younger brother and I actually had to avoid climbing down the rusty wooden stairs to the root cellar. It was dark, damp and it smelled of rotting carrots. Digging

through the cold sand bins, I felt like I was being watched. I was terrified that instead of grabbing potato, the skeletal hand of something horrible would grab me instead, and pull me



Michael Bradford

under its natural skin. I wrote my first book for young readers, *Button Hill*, as a creepy tale about the action begins in. But too late.

Trooped in a fictional, Prairie town for the summer with their boring Great Aunt Patricia, a boy named Dekker looks like little sister Riley in the wilderness, not either as part of a game. But when he tries to let her out, Riley has vanished.

To rescue his sister Dekker must enter Nightshade, the realm of the

dead where nightmares came to life, and strike a deal with the headless Cobb to get her back. Dekker learns a hard truth: deals with the dead are never fair and his smart sacrifice if he is ever to rescue his sister. *Button Hill* tells the tale of their mysterious adventure in the realm below.

For several years, I have been an elementary school literacy teacher in Saskatchewan's public school system. I wrote this book for middle years and young adult readers looking for something a little spooky and different — think skeleton coastguards, ghost trains and an unpredictable city of the dead called Undercity. If your teens are drawn to things that

go bang in the night, they might like to pay a visit to *Button Hill*. But if reading at bedtime, it's a good idea to leave the light on.

Released by Once Upon a Book Publishers in April 2010, *Button Hill* is available at McNally-Bell's in Saskatoon, and via Indigo, Chapters, Coles and Amazon throughout Canada. The author is available for in-school book talks, author readings and writer's workshops; please see www.michaelbradford.ca for more information.



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ON THE COVER P. 4



Cora Caprice (first cover) Brandon Dwyer is scheduled to develop and host monthly photo shoots by Bryan Schlosser

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Mayor Scott Jackson and his wife Michelle arrive on the red carpet at the Pottawaport Mayor's Cultural Gala at TCU Place on Saturday. Photo by Bryan Schlosser

BRIDGES COVER PHOTO BY BRYAN SCHLOSSER

Bridges is published by The StarPhoenix — a division of Postmedia Network Inc. — at 204 Fifth Avenue North, Saskatoon, Sask. S7N 2P1

Headline: Patricia's editor

For advertising inquiries contact: 637-6340, editorial: 637-6327, home delivery: 637-6320. Hours of operation are Monday to Friday 8:30 a.m. to 4:30 p.m.

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ON THE COVER

The racism that I have encountered is something that I see even today. — Carol Daniels

FIRST NATIONS

Daniels' new book inspired by 1960s Scoop

By Ashley Martin

When Carol Daniels was four years old or maybe five, she tried to scrub the brown off of her skin. She soaped until she felt hot but the brown remained.

She'd been adopted as a baby by a white family. She was the only First Nations person she knew growing up in a farming town southeast of Regina. As long as she can remember, it was assumed that brown was bad. She learned it through every mention of "dirty brown Indians." She understood it each of the hundreds of times her classmates tried to beat her up because she was different.

Right-headed Indianism north, in Sandy Bay, there was a family who looked like Daniels. She would have been among them if not for the fact that her mother, Maggie Martin, had given birth in Regina in 1960.

She'd had the misfortune of going into early labour in the guest house circumstances are unclear — Maggie died when Carol was 18, hit by a logging truck on a treacherous northern Saskatchewan road.

An armed Aboriginal woman giving birth in the city she was doomed to leave the hospital without her daughter.

And so the Martin baby was placed with a white family. More than 50,000 First Nations babies like her made up a stolen generation as part of the 1960s Scoop.

"I was just a number. There were thousands of little brown kids, like us, worn, stray dogs or something," said Daniels. "They took us all away but they didn't have anything to do with us, they didn't know where to put us."

The experience inspired Daniels' first novel, *Search for Mary*, which is set for release next month. It's not entirely autobiographical, but it is based on her own experience.

She opted not to write a memoir because Daniels had her 50 of more



Carol Daniels sits at her mother Maggie Martin's grave in Regina, Sask. (Photo by Ashley Martin)

births in three decades working as a journalist in Calgary in 1985, with the launch of CBC Newsweek, she became the first First Nations person to anchor a national TV news cast in Canada. When she cut her teeth in Regina newsrooms, she was a rarity on two counts: Women in

media were few and far between, and Aboriginal people were even fewer.

"The notion that I have encountered is something that I see even today," said Daniels. "These are situations and problems that need to be addressed in society in general. So with the novel I'm bringing it up (3).

It's not polite, I don't care" ♦ ♦ ♦

There's a black and white photo dated Christmas 1960. Six-month-old Carol is in the centre of the sofa with two white children on either side of her.

"It's a bathroom photo. It's like, one of those things is not like the other," she remarked.

The father of the household was a "hero" to his adopted daughter; "the one who'd always save me," but working long hours, he wasn't at nights around.

(Allen Sapp) was so happy to see me, he started speaking Cree immediately. I didn't understand a word he said.

—Daniels

When Daniels' classmates talked of "heredonian bullying and name calling and beatings," her siblings didn't intervene to help, she said.

"I was the only brown kid around, so it was terrible," said Daniels. She was victimized for being aboriginal, but was a "white girl" on the inside.

An interview with artist Allen Sapp changed that.

Daniels was 35 when she visited Sapp's North Battleford gallery and Red Phoenix home for a CBC Saskatchewan documentary. She wasn't what he expected. With her adopted name she said, he was expecting a white woman.

"When I showed up, here's this little brown girl," said Daniels, herself a visual artist. "He was so happy to see me, he started speaking Cree immediately. I didn't understand a word he said."

He realized she was one of the Sapp children, and spent the rest of their time together educating her about First Nations culture. "Here this is for you, Carol, you need to know that this is who we really are," he told her. "We need to learn." And that's all he said, and it changed everything from there.

Daniels started going out of her way to meet First Nations people. Calgary-based industrialist Richard Wapoose introduced her to an elder: She discovered drumming through a weekend assignment in Banff, where 8th Nations Women Shaper Sable Buck encouraged her to try it.

Her first powwow, at Twin Lake near Bigg Creek, was a daunting and scary prospect because "the thought of being in a place where there were thousands of other brown faces, it was like, 'Oh, they're actual people,' that's what I'd been told."

But when she got there, "I just started crying because it was so beautiful, and it's like, why have I not been doing this all of my life?" she said, shaking away the tears at the memory.

Daniels' ultimate historical melancholy came upon meeting her biological family in 1994 after the provincial government had opened

its adoption records. She had requested a meeting if her family was looking for her; they had done the same.

She had the same hesitation about meeting her family as she'd had before the powwow. "I do remember being worried that they'd be horrible people, because that's what I'd been told about First Nations people in general."

"We ate maize meat and I was her relief."

Her worry was unfounded. Daniels doesn't entertain the fantasy of what might have been if she'd been born as Sandy Hop. "I would have grown up with my family. I can't really think about that, because it kind of breaks my heart. If you met my family, you would know why."

After meeting them, she changed her last name to Martin. As she more strongly grasped her heritage, there grew a rift in her relationship with her adoptive family.

"It was weird. It was like the closer I came to my own culture, the further I went away from them."

She sat first with her adoptive family in 2012, after she and her band, Kyle Daniels, were married by an elder in a traditional ceremony at The Arcturian in Regina. No one from her adoptive family attended.

♦ ♦ ♦ ♦

As a five-year-old, Daniels danced and storytelling.

She and her dog would pretend their way through high grass fields as a play safari, even asking the black people she saw in her dad's National Geographic magazines. Those pictures were her first clue of other non-white people in the world. She would tell her family the stories of their adventures.

At 13 she wanted to be a writer. When she expressed her wish, adults scoffed and told her she would never. But wanting to pursue the traditional careers of 20th-century Canadianism — a field replete with "middle-aged white men."

Continued on Page 6



After leaving 1994 for an adoptive family, Carol Daniels started learning about her aboriginal heritage when she was under 20. OP PHOTO BY BRIAN SCHLOSSER

How can you not love meeting people who are amazing and proud of where they're from, wherever that may be?

—Daniels

In Grade 11, she "experimented" as a volunteer at CK2K radio, working with cool to cool recorders and record players and applying tape with a razor. She wrote and produced music work.

After Grade 12, when she earned as editor of her high school newspaper, she spent two years at SATV in Calgary for the cinema/television/stage/radio course.

Post school and back in Regina, she worked as a producer at CKRM radio. By 18, she was a weekend anchor at CKTV.

In 1989, when CBC's *Newsworld* launched, Daniels spent a year hosting "This Country" she was the first aboriginal person to anchor a national broadcast in Canada.

Journelism took her across the country and to Newfoundland, N.W.T., where she lived for eight years before homeickness drove her back to Saskatchewan with her three children — Jackson, now almost 20 and twins Dany and Mahana! now 18.

Daniels loved watching people create — a joyful, rough inspiring strength in its intensity, as old women teaching children to make papi, interviewing "people who talk" was her favourite part of reporting.

"How can you not love meeting people who are amazing and proud of where they're from wherever that may be?"

After embracing her heritage, Daniels tried to cover stories that reflected First Nations culture and people as beautiful, strong and knowledgeable — "the way we are."

In her estimation, media are not doing well at reporting on aboriginal issues.

"They don't know a damn thing about us," she said.

That's in part due to the lack of First Nations people making as newsmakers, as editors and decision makers. The Regina Leader-Post and Saskatoon StarPhoenix each have one First Nations journalist. At local TV stations, there are a handful of aboriginal reporters.

You can't get perspective into stories and Daniels, "if you have no idea what's going on or what has gone on."

In 2001, 16 percent of Saskatchewan people were aboriginal. That is projected to at least double in the next 20 years.

Over the demographics, newsmakers "should be representative of the population," said Daniels. "That's just good business, for God's sake."

"Hopefully that's something that'll be changed before I'm 20."

■ ■ ■ ■

Daniels experienced "a lot of racism creep" as an aboriginal woman starting in journalism in the 1980s.



Gail Daniels with her children (from left) Jackson, Mahana! and Dany and husband Cole.

"Who gives a s--- what some old Indian thinks, anyway?" she once barked in a story meeting.

"I have been told 'You'll never get a job because nobody wants to watch an Indian on TV' and, 'You'll never be of use of us. It doesn't matter if you're working here.' I've heard it all," said Daniels, who was honoured for her work in the media in 2008 with a National Aboriginal Achievement Award (now called the Indigenous Award).

"It wasn't easy at all but you have to be determined. If something is hard then it's hard, but you do it anyway."

And if someone doesn't like it?

"If you're not going to like me because my skin is brown, then you're the one who's losing out."

Daniels today works as a visual artist and

as a performance drummer and singing as Cree (She also acts — she has appeared in a variety of TV shows and films, including *The Edge* with Anthony Hopkins — and her play *Words of Law* premiered at the Regina Fringe Festival this summer).

In certain situations, "I'll walk in and I'll immediately identify racism. It's like an energy you can feel."

But that doesn't last long.

"I start doing my thing and we come together in song and in joy," said Daniels. "By the time I leave there, we're neighbours and friends and that's the way we need to regard each other."

She says her children did not experience racism as she did growing up — as part because they had a strong mother, but also because they spent their formative years in Tel-

lowville, a province where more than half the population is aboriginal.

"The premier was Don, the woman an television was their mom. The deputy premier was a Cree." It was encouraging. In Saskatoon, five of 55 members of the Legislative Assembly are aboriginal.

In 2001, Daniels ran provincially for the NDP in the Moosemen riding, though which she met her husband, Cole, who works for the Saskatchewan Building Trades Council.

She wasn't elected — it was a long shot in a riding the NDP has never won — but she was elected to her goal of encouraging First Nations people to vote. She won a couple of jobs across the area reserves.

"We can make a huge difference," she hopes that's the case in the federal election Oct. 18.

ON THE SCENE

POTASHCORP MAYOR'S CULTURAL GALA

The PotashCorp Mayor's Cultural Gala on Saturday drew noted exceptional artists and cultural excellence in Seaside and served as a fundraiser for the Seaside Community Foundation. During the past eight years the gala has raised \$2.8 million for the foundation which supports more than 200 charities in Seaside. A premier corporate gala in the city, guests were treated to fabulous food and entertainment and an auction.

BRIDGES PHOTOS BY GREG PENDER

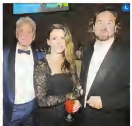


1. Tables are set at the PotashCorp Mayor's Cultural Gala Saturday at TCU Place.

2. Joining Linda Liothier, Sheri Bodden and Stella Soriano.

3. Patrick Smith, Branta Bergeson and Christine Smith.

4. Wayne (Borisov), Colleen Kacoring and Michael Taty.



5. Collin and Heather Roper.

6. Martha Anderson and Betty Martin.

7. Jeff Bert and his wife Leanne.

8. Pamela and Russ Swan.

9. Colleen Wilson and Ken Adams.

10. Graham and Darcia Pearson.



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EVENTS

The Gallery/Art Placement
Until Oct. 15, 20 at 2303 Third Ave. S
Land and Sea by Terry Kanton.

Played Arts
Until Oct. 19 at 426, 2029 551 W.
Cultural Center, a vibrant multi-
disciplinary arts ensemble. They're
called in Girls, explore the diverse
character of their topics, enter
workshops representing the
month of the year.

Gallery on the Avenue
Until May 30 at Saskatoon City
Hall, 1001 Main Street, Saskatoon
Saskatchewan, Canada

Western Development Museum
Until Dec. 6 at 2090 Lakeshore
Canada, Day 1 from the Cana-
dian Museum of Immigration
at the 20. Explore the diverse
personality of the West, from
frontier to modernity.

Ukrainian Museum of Canada
Until Dec. 31 at 710 Queen's
Cross, E. Devon House, adjacent
to the main building, by
photographer William Dekker

#FAMILY

Shop 'n' Stroll
Wednesday, 10:30 a.m. to 12:30
p.m., meet in front of Colquhoun
Museum, 1001 Main Street, Saskatoon.
Classes consist of power-walk-
ing, body-sculpting moves using
exercise tubing and music, and
dancing and social, designed
for women who've reached their
50s. No classes on Thursdays.

Stairs and Strollers
Wednesday, 1 p.m., at Centre
Church in The Centre. Choice
of free movies and snacks. A
baby-friendly environment with
stroller-friendly paths and
a changing table and stroller
parking is available.

Funky Artistic Ballerina
Classes
Funky Artistic Ballerina for all ages
Learn to dance! Funky Bal-
lerina is a fun, energetic, and
creative dance class for all ages.
Learn to dance! Funky Bal-
lerina is a fun, energetic, and
creative dance class for all ages.

Parent and Toddler Toys
Thursday, 10:30 a.m. to 10:45
a.m., at Saskatoon City Hall, 1001
Main Street, Saskatoon, Canada
10:30 a.m. to 10:45 a.m., at
Vaghi's, 1001 Main Street, Saskatoon,
Canada. Classes taught by
Vaghi's staff for parents and
their toddlers ages one to five.
Introduce your toddler to the
world of puppets. Classes include



Outfitting by William Dekker is on display at the Ukrainian Museum of Canada.

prolators, plays, meditation,
movement, and song.
Classes are 10 weeks. Register at
freedomfromfeminism@gmail.com,
306-361-8852.

ICFC Clinic and Play
Daily 9 a.m. to 6 p.m., in Bay 4 of
616 South Building, 11 W. in West-
minster, Saskatoon. A new in-
teractive playground for children up
to age 12. Visit www.icfc.ca for
more information.

Fun Factory Inside Playground
Daily at 1830 Quebec Ave. Adj-
acent indoor playground for young
children. Adults and children
and/or only play are free. There
is a separate fee for adults and
children under two.

Children's Under Two
Daily at Lawson Heights Mall, a
safe, fun environment for pre-
school children to play. Children
must wear socks in the play area.
Please note that this is a supervised
play area. Adults must stay
with and supervise children
at all times.

Market Mall Children's Play
Centre
Daily, daily at the outdoor court
at Market Mall. This play area is free
and has different levels. Children
must wear socks in the
play area.

Reading and Story
Thursday, 10:30 a.m. to 11:30 a.m.,
at Westside Primary Health
Centre, 331 Fairview Dr. A drop-in

support group for families of
children with disabilities. Facilitated
by a licensed counsellor with a
university educational background,
and a time for interaction with the
other mothers.

Kid Yoga Classes
Ages five to 10 on Saturdays
10:30 a.m. to 11:30 a.m., home-
school classes for five to 10 Mon-
days, 10:15 a.m. to 11:15 a.m., at
Vaghi's, 1001 Main Street, Saskatoon,
Canada. Classes taught by Vaghi's staff. Help
kids regulate emotions, build self-
confidence, self-awareness and
inner fulfillment. Physically active
with balance, strength, flexibility,
coordination and body awareness.
Classes are six weeks.
Register at freedomfromfeminism@gmail.com,
306-361-8852.

Parent/Adult Workshops
Yoga for Children
Saturday, 1 p.m. to 4 p.m., at
North Heights, 1001 Main Street,
Saskatoon, Canada. Classes are six
weeks. Register at freedomfromfeminism@gmail.com,
306-361-8852.

Parent/Adult Workshops
Yoga for Children
Saturday, 1 p.m. to 4 p.m., at
North Heights, 1001 Main Street,
Saskatoon, Canada. Classes are six
weeks. Register at freedomfromfeminism@gmail.com,
306-361-8852.

**Saskatoon Outdoorsy Out-
let Children's Development**
Daily, 10:30 a.m. to 11:30 a.m., at
Westside Primary Health
Centre, 331 Fairview Dr. A drop-in

support group for families of
children with disabilities. Facilitated
by a licensed counsellor with a
university educational background,
and a time for interaction with the
other mothers.

to bring new outdoor food
kitchen for the Saskatoon Food
Bank as a donation. Information
at their Facebook page.

Explore the MVC
Sept. 28-29, 1 p.m. to 4 p.m., at
the Museum Valley Centre,
402 Third Ave. S. Explore the
cultural, dress up and play on
the stages and watch short pre-
sentations about Saskatoon's
history. Featuring the anchor
from the S. Medicine Hat
Information at 306-565-5886.

Meet at the Peak
Sept. 31, 1 p.m., at the Black-
foot Provincial Park, located
by Highway 1. A family event celebrating
the 100th anniversary of the
provinces of Saskatchewan and
Alberta. Featuring the anchor
from the S. Medicine Hat
Information at 306-565-5886.

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Yoga for Children
Saturday, 1 p.m. to 4 p.m., at
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306-361-8852.

to not immediate upon dis-
cussion to help with postpartum
recovery. Baby-friendly class with
certified yoga teacher. Suitable
for four weeks to help postpartum
recovery. Register at www.bridgesphoenix.com,
306-565-5886.

Canadian Light Source (CLS)
Public Tours
Monday, 10:30 a.m., at the Cana-
dian Light Source, 44 Innovation
Bldg. The synchrotron research
facility is open for the public.
Registration is required. Call
306-551-3544, email outreach@cls.ca,
lightsource.ca or visit lightsource.ca for more information.

Parental Yoga
Monday, 6 p.m. to 7 p.m., at
Husky and Learning Health
Centre, 248 Third Ave. S. Teach
to a healthy infant. Free yoga
teacher. Information and call for
are at www.bridgesphoenix.com,
306-565-5886.

Nativity Years
Monday and Oct. 19, 7 p.m. to
9 p.m., at 616 North Street, Saskatoon,
Canada. A community event
celebrating the 100th anniversary
of the provinces of Saskatchewan
and Alberta. Featuring the anchor
from the S. Medicine Hat
Information at 306-565-5886.

Stay and Play
Tuesday and Wednesday, 9:30
a.m. to 11:30 a.m., September
and October. Free play area for
ages five to 10. Free structure,
crafts, snacks, story time, toys,
activities. Free admission. Visit
www.bridgesphoenix.com or visit
the Facebook page.

Dynasty Development
Wednesday, Oct. 15, 10:30 a.m.
to 11:30 a.m., at Saskatoon Public
Library, 1791 Third Ave. N.
Dance, music, and community
hobbies. Free admission. Call
306-551-3544, or visit
www.bridgesphoenix.com.

Preschool Story Time
Tuesday, 10:30 a.m. to 11:30 a.m.,
at Indian Head, 1100 Indian
Head Dr. S. For children ages
three to five. Call 306-551-3544.

Playgroup
Monthly and seasonal events.
Husky and Learning Health
Centre, a family group of families
located at Westside Primary Health
Centre, 331 Fairview Dr. S. Sep-

tember has five, but all ages
welcome. Information on their
Facebook page.

Engineering for Kids
Children ages four to 10 learn
about technology and how
things help to develop. Classes,
games, parties and activities
with hands-on experiments
and games. Call 306-551-3544,
email outreach@cls.ca,
lightsource.ca or visit lightsource.ca for more information.

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Regular after school programs,
practical classes and games
for kids of all ages at various
locations in Saskatoon. An
atmosphere for students to build
confidence, solve problems,
and learn. Call 306-551-3544,
email outreach@cls.ca,
lightsource.ca or visit lightsource.ca for more information.

Saskatoon Public Library
Programs
Ongoing daily programs for
children and families. Find the
calendar at saskatoonlibrary.ca,
306-551-3544.

SPECIAL EVENTS

Saskatoon Farmers Market
Open year-round. Wednesday
and Saturday, 10 a.m. to 1 p.m.,
at 1001 Main Street, Saskatoon,
Canada. Free admission. Call
306-551-3544, email outreach@cls.ca,
lightsource.ca or visit lightsource.ca for more information.

Market Mall Children's Play
Centre
Daily, daily at the outdoor court
at Market Mall. This play area is free
and has different levels. Children
must wear socks in the
play area.

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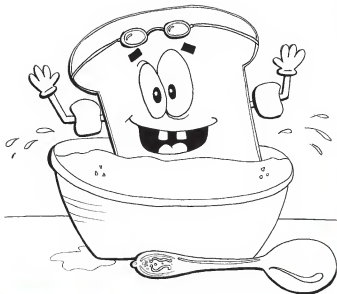
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Saskatoon, Canada. Classes are six
weeks. Register at freedomfromfeminism@gmail.com,
306-361-8852.

OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to bridgeto@thetownsquare.com. One winner will be chosen each week.



Last week's contest winner is **Jane Jackson**.
Thanks to everyone who submitted entries.



**"I support the Y because
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YWCA Saskatoon is working every day
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ON THE SCENE

LUNCHEON EN VOGUE

The 12th annual Luncheon on Vogue, held Friday at TCU Place, is the main fundraiser for the Saskatoon Sexual Assault & Information Centre. Officers with the Saskatoon Police Service served as models with fashions supplied by Resonant Day Spa Salon & Boutique. Donors' First Treasurer and Accounting and Anthony's Healers. Fund-raised support both the "I'm the Boss of Me" childhood abuse prevention program delivered to Grade 4 students in Saskatoon public and Catholic schools and the centre's 24-Hour Crisis Line and its programs and services.

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BY LIAM RICHARDS



1. Bonnie Holmes and Stacey Harris



2. Rhonda Sestel and Kari Fox



3. Lori Peterson and Shari Wilkie



4. Sharon Clark, Jade Chaboyer, Thea Freese and Kaitlin McCord



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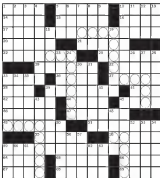
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#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 As high as possible (in)
- 5 With his nose, what the prince in mixed bed is a French example of
- 10 Instrument similar to a car engine
- 14 Use a
- 15 Map a route
- 18 Suffer a "line out"
- 20 Place of self reflection?
- 21 The New York Book Day on the island in the north
- 23 Used every night
- 27 Having a "spine out"
- 32 Usually city streets
- 35 Saw a number of horse men
- 38 Consideration (pl.)
- 39 Brooklyn Center (a pl.)
- 43 City founded by a twin in night
- 45 Actor Kelly of "Dallas"
- 47 "Not" an adjective
- 50 Flies with fly up colors
- 52 Swear a protection
- 53 Newspaper of "30 Rock"
- 54 Golden-sonneted partner
- 56 Mothers' job
- 58 Works of concentration
- 61 Went together
- 62 Also likely to be same class
- 63 Sister act
- 65 Name of Julius Black Bear
- 66 Also freestyle
- 67 Cheats friends or acquaintances
- 68 "G" out
- 69 Caribbees
- 70 Cell, chemically
- 71 Used twice
- 72 Mountain —
- 73 Filled
- 76 Saw in Alaska
- 80 Square meter in Italy



PAUL F. SPOFFORD/STAR

DOWN

- 1 (Down) capital
- 2 (Down) as a meeting
- 3 One of eight body parts
- 4 (Down) example
- 5 (Down) common group
- 6 (Down) with
- 7 (Down) nation
- 8 (Down) nation
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- 100 (Down) nation

JANIRO CLASSIC SUDOKU

Level: Silver

All in the classic 9x9 grid, numbers can go anywhere only once in each row (column and 3x3 sub-grid). Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Beginner (1) to Silver (5) to Gold (6) to Platinum (7) to Diamond (8) to Master (9).



Sudoku is the crossword puzzle of the 21st century. See the Sudoku guide on page 38.

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FOOD

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TOMATO SOUP AND CROUTONS

Grilled cheese sandwich cubes top soup

By Renée Kohlman

Over dinner a while back — the conversation turned to guilty pleasures, of the food variety I was eating with other food writers — so it was a little story — do I tell them the truth? Do I tell them what has, on occasion, brought me great joy and comfort? Do I spill the beans about my food-as-is? — Cheese? What?

I did and no one shamed me for the rest of the night, as everyone else hated something equally similar but it's true. A jar of the average stuff has been known to find its way into my fridge every couple of years. But before you lose all respect for me, be assured that the only way I eat it is as hot, heavily buttered toast — as a feed-me snack, while I'm in my pajamas and slippers and something truly is on the television.

There is something about this cheesy toast that makes me happy — it was a favorite when I was a kid and my mom would often pack it in my brown bagged lunch, where it was devoured, in the noisy lunchroom at noon. Maybe I like that it takes me back to simpler days, when my classes were big and I had a crush on Scott Blue, when I would rush home from school and watch Little House on the Prairie, then afterwards join my siblings around the dinner table, where we'd talk the details of our day and my mom would talk and eat delicious food. Those days are so long ago, but somehow a little processed cheese takes me back there.

The best partner ever for cheesy toast is tomato soup and as the temperatures have been sliding, I would say it's officially soup weather. I put the last of my Ken Manzano on pizza, with chunks of garlic and onion, sprigs of thyme, olive oil, pepper and gave it a heavy-handed drizzle with olive oil. The tomatoes roasted away in 30 minutes or so, and my cheese melted gloriously.

When else and toast and a little charred the tomatoes were sautéed into a pot and sautéed with a bit of butter and herbs. Use an immersion

blender to puree soup until smooth, then you can strain out the seeds and skins through a fine mesh sieve or just eat as is — it's fine, right? Finally, shred some fresh basil, stir in a little cream and adjust the seasonings.

The finishing touch requires a grilled cheese sandwich. You know how to do that, right? Don't worry I didn't use Cheese Whiz and I won't judge if you do! Instead I opted for a lovely smoked cheddar on sourdough. Slice the sandwich into little cubes and place on top of the sopping bowls of goodness. This soup is an uncomplicated comfort fare. It's creamy, bursting with tomato heat, tender and ultimately a great way to usher in fall.

Roasted Tomato Soup with Grilled Cheese Croutons

I used Ken Manzano tomatoes just because that's what I had on hand. Feel free to substitute Roma tomatoes. The roasting cream is optional: at just a little weather layer of tomatenness. Make whatever grilled cheese croutons you like — here, I'll verify, Goodie — the cheese are end less.

- >12 cups of fresh Roma tomatoes, cut in half 1 medium onion, cut into quarters
- >1 large pinch of garlic, minced
- >olive oil, salt, pepper
- >sprigs of fresh thyme or rosemary
- >1 chipotle (optional, not at)
- >1 chip hotter
- >2 cups of chicken or vegetable broth
- >1 cup heavy
- >handful fresh basil, finely shredded
- >oil and pepper to taste
- >1/2 cup whipping cream
- >grilled cheese sandwich, finger — your favorite cheese and bread and some butter (the huge sandwich is enough for 4 people on 20 bowls of soup, depending on how messy you are)

Instructions:
Line a baking sheet with parchment. Spread the tomatoes onto the



Roasted tomato soup and a grilled cheese sandwich are the perfect companions to the cool weather. PHOTO BY RENÉE KOHLMAN

sheet and add onion and garlic to both. Sprinkle with salt, pepper, fresh thyme or rosemary. Drizzle with olive oil and place in preheated 350 F oven. Roast for about 30 minutes, stirring a few times. Slide the tomatoes into your blender cup.

Add the butter and stock, bring to a boil, reduce heat and simmer for 15 minutes. Stir in heavy cream as necessary. Blend or regular blender to puree — be careful, hot liquid! Strain the soup through a fine mesh sieve into another pot to get rid of

the skins and seeds. If that bothers you. Add the fresh basil and onion, adjust the salt and pepper. Keep soup on heat to warm through.
Make the grilled cheese sandwiches, cut into cubes and garnish the soup. Serve & Savor.

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